

Materials of Conferences

**COMPARATIVE EVALUATION
OF ANTIBIOTIC RESISTANCE
OF NASOPHARYNGEAL
ISOLATES S. AUREUS THAT REFER
TO MRSA (METHICILLIN-RESISTANT)
AND MSSA (METHICILLIN-VULNERABLE)**

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Resistance against antibiotics *S. aureus* is one of the most important problems of modern infectology and the greatest significance has its resistance against betalactame antibiotics [1, 5, 10]. Multiple literature sources testify that resistance of MRSA variants of *S. aureus* against betalactame antibiotics is often combined with resistance against many other classes and groups of antibiotics [1, 5, 7, 10]. Resistance against antibiotics *S. aureus* that were outlined from bearers among medical personnel is slightly described in literature, though they play an important part as infection sources in hospitals [2, 8, 9]. In our region data on MRSA resistance against antimicrobial preparations is almost absolutely absent. Therefore, the work objective was to define antibiograms of nasopharyngeal isolates *S. aureus* and find out if there are differences in these characteristics among local hospital strains of MRSA and MSSA.

Methods and materials. In 3 years (2004-2006) 9531 people from medical personnel of different treatment-prophylactic institutions (TPI) of surgery profile of the city of Ugrench of Khoremskaya region were inspected for nasopharyngeal bearing of *S. aureus*. Data of 5329 persons who were outside clinic environment (healthy pregnant women on their initial appeal for consultation) served as a control. Discharge and identification of staphylococcus was carried out via general methods [4]. Disc-diffusion method with usage of Muller-Hinton environment and commercial discs with antibiotics (HIMEDIA, India, Russia) was used to define antibiotic resistance. Discs with oxacillin with load of 1mg per 1 disc were used to reveal MRSA, screening on agar with 4% NaCl and oxacillin of 6mg/ml were used to confirm the received data. Methods of antibiotic resistance definition and selection of the tested antibiotics was carried out according to Methodical guides 4.2. 1890-04 [3], a number of betalactame antibiotics was studied additionally. In comparison of two alternative indicators (MRSA and MSSA strains) difference reliability was defined with the criteria χ^2 [7].

Research results. Nasopharyngeal bearing of *S. aureus* was revealed among 321 employee of TPI (3,4%) and among 102 (1,9) healthy persons. A significant difference ($p < 0,05$) in specific weight of MRSA was registered in two studied groups: among medical personnel – 13,7% (44 strains of 321); among healthy women – 4,9% (5 strains of 102). Antibiograms were studied among all of 49 MRSA and, selectively, among 110 – of isolates from nasopharynx of medical personnel. Oxacillin-vulnerable *S. aureus* in 100% of cases were sensible to vancomycin, and then, in decrease, the smallest number of resistant MSSA was registered for fusidine, levofloxacin, rifampicin, and doxycycline. Generally, sensitivity of MSSA to a prevailing majority of antibiotics was on a high level – to macrolids and lincosamids (88,6–61,0%), to fluoroquinolones (91,7–82,2%), betalactams (71,6–80,0%).

While studying MRSA, the results differed significantly from the previous ones, though vancomycin, as for MSSA was 100%-effective. Oxacillin-resistant *S. aureus* showed sensitivity to representatives of betalactam class in limits from 18,4% (ampicillin) to 62,5% (ceftazidime).

A comparison of the two studied strain groups is shown in table.

As it is shown, statistically-reliable differences referred to almost all betalactam antibiotics (except ceftazidim) and many antibiotics of other groups. The greatest was the difference in number of strains that are resistant to ampicillin – 81,6% for MRSA and 21,8% for MSSA ($p < 0,01$). Resistance indexes were more than two times higher against such antibiotics as amoxiclav, cefazolin, cefuroxime, ceftriaxone, erythromycin, ciprofloxacin, doxycycline, and levomycitine ($p > 0,05$ and $p < 0,01$). The most effective preparations against MRSA and MSSA, except vancomycin, were fusidine (6,1 and 5,0% of resistant) and clindamycin (11,5 and 11,4%). Thus, it has been established that in terms of the studied region nasopharyngeal bearing of *S. aureus* among personnel of TPI of surgery profile is low (3,4%) but exceeds this indication among healthy people who are outside hospital environment almost two times (1,9%). Along with that, a significantly higher specific weight of dangerous MRSA-variants was revealed among inner-hospital isolates *S. aureus* (13,7%) than among outer-hospital isolates (4,9%), as well as their higher resistance against antibiotics. It has also been found that carried staphylococcus that refer to MRSA, unlike MSSA, apart from resistance against betalactam antibiotics, have an expressed resistance against antibiotics of different groups. All MRSA and MSSA strains preserve sensitivity to vancomycine.

Comparison of MRSA and MSSA antibiotic resistance

Antibiotic	MRSA		MSSA		Difference reliability
	Abs R	%	Abs R	%	
Vancomycin	-(49)	-	-(49)	-	-
Ampicillin	40 (49)	81,6	24 (110)	21,8	$X^2 = 47,9, p < 0,01$
Amoxiclav	20 (40)	50,0	21 (110)	21,8	$X^2 = 9,9, p < 0,01$
Ceftazidime	14 (40)	35,0	19 (90)	21,1	$p > 0,05$
Cefuroxime	18 (45)	40,0	17 (95)	17,9	$X^2 = 6,8, p < 0,05$
Ceftriaxone	29 (49)	59,2	27(95)	28,4	$X^2 = 11,6, p < 0,01$
Cefazolin	32 (49)	65,3	29 (110)	26,4	$X^2 = 11,7, p < 0,01$
Erythromycin	32 (49)	65,3	38 (110)	34,5	$X^2 = 11,8, p < 0,01$
Lincomycin	14 (49)	28,6	29 (110)	26,4	$p > 0,05$
Clindamycin	4 (35)	11,5	8 (70)	11,4	-
Ciprofloxacin	18 (49)	36,7	13 (90)	14,5	$X^2 = 7,8, p < 0,01$
Levofloxacin	9 (49)	18,4	4 (60)	6,7	$X^2 = 2,4, p > 0,05$
Fuzidin	3 (49)	6,1	5 (100)	5,0	-
Co-trimoxazole	11(40)	27,5	20 (100)	20,0	-
Doxycycline	14 (40)	35,0	12 (110)	10,9	$X^2 = 10,2, p < 0,01$
Rifampicin	10 (49)	20,4	10 (110)	9,1	$X^2 = 2,9, p > 0,05$
Gentamycin	11 (49)	22,1	16 (110)	14,5	$p > 0,05$
Chloromycetin	29 (49)	59,2	26 (110)	23,6	$X^2 = 14,2, p < 0,05$

Note: R – resistant; () – number of studied strains.

Resume. Frequency of nasopharyngeal bearing of *S. aureus* by medical personnel of surgery clinics in terms of city of Ugrech of Khoremsk region of Uzbekistan equaled 3,4% (321 of 9531 studied persons in three years); same index among healthy people out from hospital environment equaled 1,9% (102 of 5329 persons). A significantly higher specific weight of MRSA (44–13,7%) was revealed among inner-hospital isolates in comparison to outer-hospital isolates (5–4,9%). Among 49 MRSA and, selectively, among 110 MSSA sensitivity to 18 antibiotics was studied from nasopharynx of medical workers. It has been shown that resistance was reliably higher ($p < 0,05$ and $p < 0,01$) among MRSA than MSSA against betalactams (amoxiclav, cefazolin, cefuroxime, ceftriaxone) and antibiotics of other groups: against erythromicine (65,3 and 34,5%), ciprofloxacin (37,6 and 14,5%), doxycycline (35,0 and 10,9%), and levomecetin (59,2 and 23,6%). All MRSA and MSSA strains preserve 100% sensitivity to vankomicin, and prevailing majority – to fuzidin (only 6,1 and 5,0% of resistant) and clindamycin (11,5 and 11,4%).

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The work is submitted to the Scientific International Conference «Research on the priority of higher education on-directions of science and technology», on board the cruise ship «MSC Musica», June, 10-17, 2012, came to the editorial office on 10.05.2012.